

## CASE STUDIES

### CASE STUDY 1: SOCIAL MEDIA PICTURES

#### EVENTS

Your friends are throwing a party and later in the night some stuff starts happening. One of your friends has been drinking and has passed out on the couch. You notice a group of boys standing around taking pictures of her.

#### QUESTIONS:

- » What could you do if you were her friend?
- » What could you do if you were one of the boys taking pictures?
- » What could you do if you heard about the story at school?
- » What could you do if you received the picture on snapchat or other social media?
- » How could you talk about this situation with your parents?
- » What can you say to get the people taking pictures to stop?

## CASE STUDIES

### CASE STUDY 2: A FRIEND OFFERS SOME TYLENOL 3

#### EVENTS

You're having a really bad day at school and you have a splitting headache. Your friend mentions that she sometimes takes Tylenol 3 that her doctor prescribed to her when her headaches are really bad. She offers you one...

#### QUESTIONS:

- » How could you handle this situation?
- » What would you do if you took the drug and started having unexpected side effects/feelings?
- » What do you think might happen if your teacher found out?
- » How could you talk about this situation with your parents?
- » If you decide to take the Tylenol 3, could there be any negative effects?
- » What are some lines you could use to say no?

## CASE STUDIES

### CASE STUDY 3: IMPAIRED DRIVER

#### EVENTS

You're at a movie and your friend's older brother is picking you up later in the night for a ride home. When he arrives you notice that he and his 2 friends have empty beer cans in the backseat and the car smells like cannabis. You ask if he is ok to drive and he insists that he is fine and tells you to get in.

#### QUESTIONS:

- » What would you do in this situation?
- » Who is an adult that you could turn to for help in this situation?
- » How could you help your friends and older brother in this situation?
- » How could you talk about this situation with your parents?
- » What are some lines you could use to say no?

## CASE STUDIES

### CASE STUDY 4: SKATE PARK

#### EVENTS

You and your friends have been skateboarding all summer and have started hanging out at Millennium Park. There are some pretty intimidating features at the park that you and your friends keep bailing on. One night, your group arrives and notices some older kids doing some awesome tricks that you could never land. After a while, one of the older kids invites you all over to try out a new trick. While standing around, one of the older kids offers you a joint.

#### QUESTIONS:

- » What would you do in this situation?
- » If you decide to smoke the joint, what are some possible effects?
- » If you decide not to smoke, how could you handle the situation?
- » How could you talk about this situation with your parents?
- » What would you do if you took the drug and started having unexpected side effects/feelings?
- » What are some lines you could use to say no?

## CASE STUDIES

### CASE STUDY 5: DON'T WANT TO GO TO A PARTY

#### EVENTS

A kid at school is having a massive party this Saturday because his parents are out of town. You know that alcohol and drugs will be at the party. Your friends really want you to go with them but you don't want to go.

#### QUESTIONS:

- » How could you tell the rest of your friends that you don't want to go?
- » If your friends decide to go without you, what could you do instead?
- » If you talked to your parents first, what advice do you think they would give you?
- » If you decide to go because you don't want to miss out, what could you do to be safe and get home safely?
- » What could you say if you decide to leave the party early?

## CASE STUDIES

### CASE STUDY 6: FRIEND USING DRUGS

#### EVENTS

Your friend, Cam, is starting to use drugs. He is acting different, he is flunking most of his classes, and he has lost most of his friends. You and your friends want to help Cam. What would you do?

#### QUESTIONS:

- » How could you do to help Cam?
- » What community supports could you go to for help?
- » If you talked to your parents first, what advice do you think they would give you?

## CASE STUDIES

### CASE STUDY 7: PARENTS ALCOHOL

#### EVENTS

You and a friend are having a sleepover at Kelly's house. After Kelly's parents have gone to sleep, Kelly shows you where her parent's alcohol is and suggests that all of you have a drink.

#### QUESTIONS:

- » What would you do in this situation?
- » If you decide to drink, could there be any effects?
- » What could you say if you decide to leave the sleepover?
- » What are some lines you could use to say no?
- » How could you talk about this situation with your parents?

## CASE STUDIES

### CASE STUDY 8: JUST FOR THE DAY

#### EVENTS

You and your friends are standing by your locker when you are approached by your friend Alex. He asks you if he can put a joint in your locker until the end of the day.

#### QUESTIONS:

- » What would you do in this situation?
- » Who is an adult that you could turn to for help in this situation?
- » If you decide to put the joint in your locker what consequence could you face? What MLA's could be impacted?
- » If you decide not to store the joint, how could you tell Alex that you are uncomfortable putting the joint in your locker?
- » How could you talk about this situation with your parents?